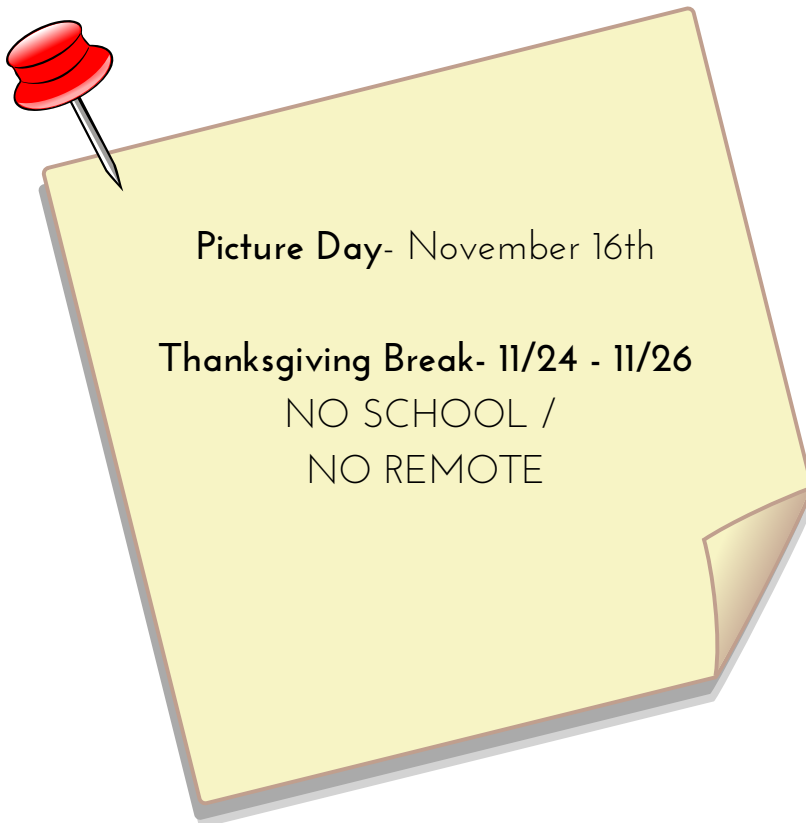


CABI NEWSLETTER

Achieve The Possible

Back to School Edition (September - October) 2021

IMPORTANT DATES TO KNOW!



CABI SCHOOL STORE- NOW OPEN!

- The CABI School Store is open on Tuesday and Thursday afternoons.
- The Breakfast Cart is open on Friday mornings!!
- Feel free to send in some money for your child to enjoy a fun treat and work on purchasing skills while following COVID guidelines.

IMPORTANT REMINDERS

- Please send in your child's updated annual physical form after their appointment.
- CABI no longer requires a daily student attestation form! Please continue to communicate with classroom supervisors and nurse with any symptoms or exposures.

NOTES FROM NURSE COURTNEY

COVID 19 Vaccines

If your student has received the COVID 19 vaccine, please send in a copy or email me a picture of the front portion of their vaccine card so that I can keep a copy in their school medical record.

claporte@cabiautism.org

COVID 19 Resurgence

The number of COVID 19 cases are beginning to rise again. According to mass.gov and the CDC, these cases seem to be primarily in the unvaccinated population but can still affect the vaccinated population.

I just want to take a moment and remind everyone of the symptoms that will require a COVID 19 test in both the unvaccinated and the vaccinated.

- Fever (100.0 degrees or higher)
- Chills
- Cough (not due to other known causes such as a chronic cough)
- Difficulty breathing or shortness of breath
- New loss of taste or smell
- Sore throat
- Headache (when in combination with other symptoms)
- Muscle aches or body aches
- Nausea, vomiting, or diarrhea
- Fatigue (when in combination with other symptoms)
- Nasal congestion or runny nose (not due to other known causes such as allergies) (when in combination with other symptoms)

If your student arrives at school with any of these symptoms, or begins to experience them during the course of the day, you will be notified to pick them up and get them tested or quarantine them.

POD 1

CLASSROOM 1

Classroom 1 has enjoyed reading and doing crafts on dinosaurs and apples! During social skills group, the class learned about being a good friend and identifying emotions! Students are looking forward to the holidays!



STUDENT HIGHLIGHTS

Students in Classroom 1 have enjoyed welcoming a new student into their class!

AF has been doing a great job initiating playing with peers!

ML is working hard on 3-digit by 2-digit multiplication!

JW did an amazing job giving a presentation to the class about Mount Rushmore!

AD has been a great addition to classroom 3 and has been enjoying trying out different leisure skills!

CLASSROOM 3



The students of Classroom 3 have been enjoying making different snacks during cooking group! They've also learned about Johnny Appleseed and tasted apples with different toppings for Fun Friday!



CLASSROOM 4

Classroom 4 has enjoyed learning about medieval times in social studies and ecosystems in science. Students learned about the size of emotions during social skills group. They enjoyed spending time at a local park to make the most of the beautiful weather!



CLASSROOM 5

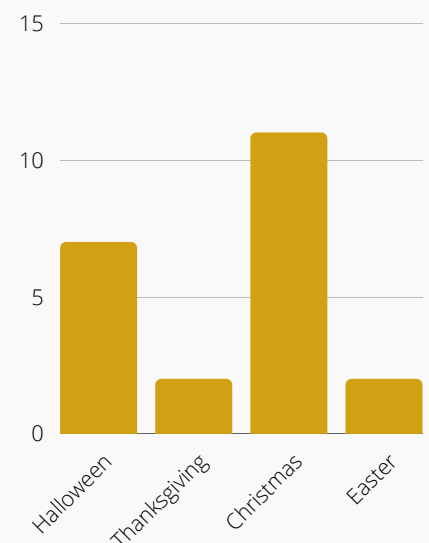


Classroom 5 enjoyed basketball games outside, numerous cooking group activities, and Fall crafts! They had fun learning about ecosystems in science group, and the history of Massachusetts in social studies group. They went on trips to the Worcester Public Library and many local parks.



Question Corner

WHAT IS YOUR FAVORITE HOLIDAY?



CLASSROOM 6

POD 2

Classroom 6 has been utilizing their recess time as a supplementary phys. Ed. Class. They guys have been practicing their punt pass and throw. The guys in classroom 6 have been flexing their creative muscles in the weekly Tuesday morning art class with Miss Maria. Thursday Trivia for the Morning Meeting Activity has been a fan favorite, giving the guys an opportunity to show off their expertise and knowledge in topics of interest as well as learn about their peers'. Democracy is the theme of each Friday, an activity is voted upon out an array of candidates during morning meeting, as well as at the end of the day for a Fun Friday activity.

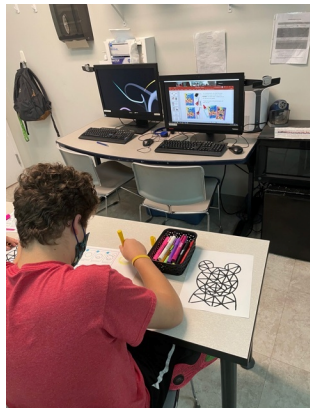
CLASSROOM 7

Classroom 7 went to the fire station to talk about fire safety for National Fire Safety Month. They visited a working firehouse, tried on some firefighting gear, explored some trucks and got to see the firefighters respond to an emergency call!



CLASSROOM 8

Classroom 8 has been enjoying virtual art lessons with Miss Maria. This month they made geometric animals.



STUDENT HIGHLIGHTS:

- NR & WA in classroom 6 passed their MTELS!!! Congratulations!
- JC is using his coping skills when needed!
- DC has been working hard using functional communication when needed.
- LO has been doing great with comprehension questions while reading Harry Potter!

CLASSROOM 9

Classroom 9 has been busy during groups! For Social Studies they learned about how geographers view the world. In Science they learned about explanations, and in Social Skills they learned about self-management skills. The students are working on building relationships with both peers and staff within the classroom, practicing turn taking and other physical activities during gym class (Hockey, Basketball, 4-square).



CLASSROOM 10

Classroom 10 had fun learning about anti-bullying for the month of September and Self-Awareness in the month of October. The students also began reading Harry Potter and enjoyed making wands and spells. In academic group, they learned about the rainforest and it's different layers.





POD 3

CLASSROOM 11

Classroom 11 has been a busy room. One of their students celebrated their 18th birthday and the other students were so excited to use that opportunity to work on functional communication to request some yummy friends. Some students have been working on money skills and went into the community to buy a yummy snack.



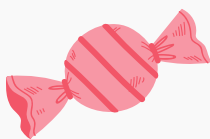
CLASSROOM 12 & 14

Classroom 12 & 14 went on a field trip to Tougas Family Farms for a fun fall activity of apple picking. Everyone was very excited to enjoy the warm weather and enjoy a snack straight from the tree while picking more apples to take home. After walking the orchards everyone made a trip to the farm store where they got to purchase yummy fall snacks. The apple cider donuts where a big hit!!



CLASSROOM 16

Classroom 16 partnered with the BORO Sugar Shack where students helped package candy for trick or treating. Students generalized their purchasing skills within their store and we able to buy some yummy treats. Following their work shift, the students had a picnic lunch with the workers from the BORO and the students maintained professional conversations.



SPECIALITY SERVICES

SPEECH AND LANGUAGE

Students in language groups this month worked on receptive language (identifying colors, items, following 1-3 step directions, using the AAC devices with their peers). Receptive language skills are the skills that we need to understand what people are saying to us. Try it at home by playing Simon Says- have your student be the player and the caller!



OCCUPATIONAL THERAPY

For some students, the month of October includes celebrating Halloween. Halloween can be overwhelming for students with sensory processing difficulties. Here are some tips for success: Encourage use of self regulation strategies such as deep breathing and deep pressure. Offer a costume that is comfortable and practice wearing it beforehand. Provide choices and advance notice. Have a place to retreat to take a break if needed. Most importantly, have fun!



PHYSICAL THERAPY

Have you ever noticed that your child walks more on the insides of their feet? Do the insides of their shoes wear down much faster than the outside? If so, your child may exhibit excessive foot pronation. Pronation refers to the natural side-to-side movement of the foot as you walk or run. Overpronation can lead to strain on the big toe and second toe and contribute to the development of shin splints, tendonitis and knee pain. Check out the ASICS website for supportive footwear and talk to your child's physician for suggestions.

