

CABI NEWSLETTER

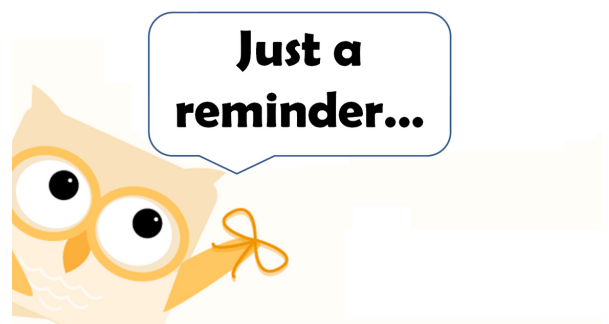
Achieve The Possible

Spring Edition (April - May) 2021

IMPORTANT DATES TO KNOW!



Annual Achieve Golf Tournament



CABI SCHOOL STORE- NOW OPEN!

- The CABI School Store is open on Tuesday and Thursday afternoons.
- The Breakfast Cart is now open on Friday mornings!!!
- Feel free to send in some money for your child to enjoy a fun treat and work on purchasing skills while following COVID guidelines.

IMPORTANT REMINDERS

- Please send in your child's updated annual physical form after their appointment.
- CABI must receive the completed daily student attestation form upon the student's arrival for the day.

NOTES FROM NURSE COURTNEY

COVID 19 Vaccines

If your student has received the COVID 19 vaccine, please send in a copy or email me a picture of the front portion of their vaccine card so that I can keep a copy in their school medical record.

claporte@cabiautism.org

People age 12 and older who live, work, or study in Massachusetts can get vaccinated against COVID-19. People ages 12-17 can only get the Pfizer vaccine. People age 18 and older can get any vaccine. You don't need an ID or insurance to get it.

Allergy Season

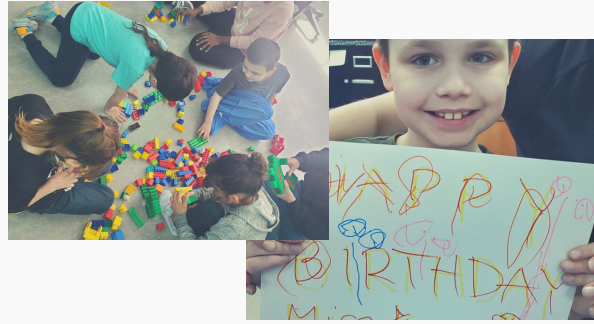
Allergy season is in full swing! If your child suffers from seasonal allergies please let their classroom staff know so we can assess them properly. Allergy symptoms and COVID 19 symptoms are almost identical and we want to make sure we are keeping our classrooms as safe as possible. Your student can come to school with allergies but please do not send your student to school ill.

	COVID-19	Allergies
 Common	Fever or chills	
	Cough	
	Body aches	
	Headaches	
 Less Common	Tiredness	
	Loss of taste or smell	
	Shortness of breath	 *
 Not Common	Sore throat	
	Sneezing	
	Itchy or watery eyes	
	Runny or stuffy nose	

ELEMENTARY POD

CLASSROOM 1

Classroom 1 had fun working on parallel-play. They also enjoyed celebrating Miss Kamai's birthday!



STUDENT HIGHLIGHTS

JC is working hard on multiplication.

LC is doing a great job interacting with his peers.

AY is working hard on his math skills.

DE is doing a great job getting to know his classmates and teachers!

CLASSROOM 3

Classroom 3 had fun learning about Cinco De Mayo. They learned about the history and traditions surrounding the holiday and enjoyed making wind socks to help celebrate!



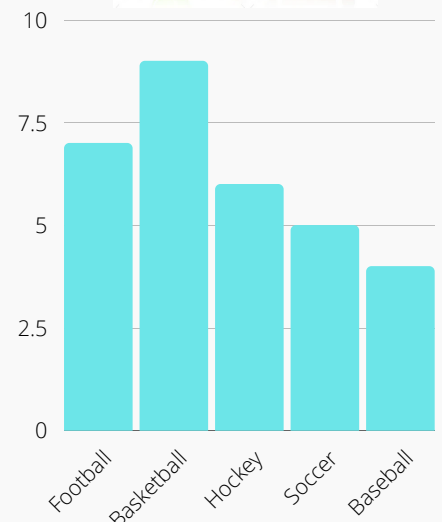
CLASSROOM 4

Classroom 4 learned about friendships in Social Skills group. At the end of the lesson the students enjoyed playing Disney Trivia. They also completed a science unit on the planet of our solar systems. The students enjoyed playing the game "Bump!" when learning about the states in social studies.



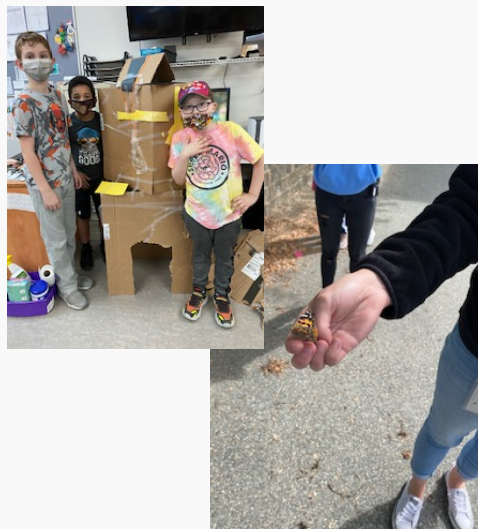
Question Corner:

WHAT IS YOUR FAVORITE SPORT?



CLASSROOM 5

Classroom 5 continues to enjoy the nice weather outside and has been perfecting their soccer skills at recess. They learned about Ancient Civilizations for social studies and journaled all about the classroom butterflies for science (hopefully they hatch soon!) The class also had fun learning Sign Language in Social Group.



MIDDLE SCHOOL POD

CLASSROOM 6

Classroom 6 has been up to so many new and fun activities. Academically, we have started our health group and are learning about our physical and mental health. We have also been working back in the PAES Lab sampling new vocational skills. In social skills we have been working on inclusion and diversity by recognizing our similarities and differences. We also wrote jokes back to our pen pal to thank her for all the jokes she sends us. Lastly we joined up with Classroom 7 for a wild game of Throw Throw Burrito!



CLASSROOM 7

In social skills, the students in CR 7 learned about food safety. They learned about safe temperatures to cook food at, the difference between perishable and non-perishable, and where to store foods safely. For an activity after, each student was able to spin a wheel and pick a food to sort into the location it should be stored in... fridge, pantry, or trash. Students had to distinguish between food that was "good" and food that had expired and decide where it needed to be stored.



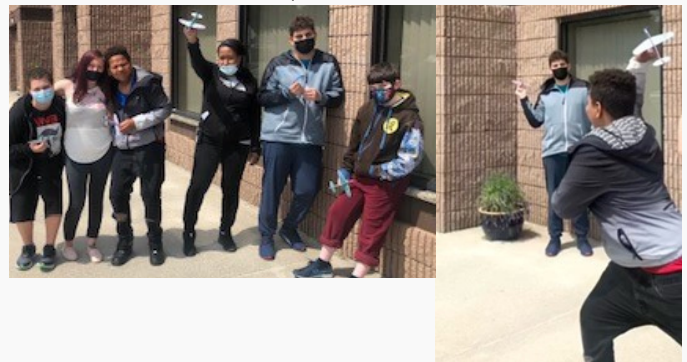
CLASSROOM 8

Classroom 8 has been working hard during their social skills groups. They are learning about first aid and safety this month!



CLASSROOM 9

Classroom 9 has been up to doing dance competitions, building paper airplanes, and racing them. During social skills we discussed peer pressure and have been working on cooperative game building like marble mazes and different badminton games in the gym. For academics, we reviewed writing and worked together on how to restate questions into answer form.



CLASSROOM 10

Classroom 10 have been busy gardeners and have been watering and caring for the herbs and vegetables they planted in April. They are so excited to see their plants grow as they have planned to use them for a yummy pizza party!



HIGH SCHOOL POD

CLASSROOM 11

Classroom 11 was excited to celebrate Cinco de Mayo. After learning about the holiday and traditional foods, the students planned a fiesta and tried a variety of different foods. They worked together and made a seven layer dip, churro party mix, and non-fried fried ice cream. After sampling the foods each student rated the foods they tried. The ice cream and churro party mix were the winners!



CLASSROOM 12

Classroom 12 enjoyed Cooking Group with Ms. Sam our SLP and Ms. Brittney our OT where they worked their independent living skills where they cooked a classroom favorite of vanilla and chocolate Cake Pops. Each student worked on following the recipe, measuring all the ingredients in cooking group. Everyone very excited when the pops were completed and it was time to eat. Yum!!



CLASSROOM 14

Classroom 14 was excited to assist with beautifying CABI with filling our plant pots with beautiful spring flowers. With a visit to Home Depot the students worked together to choose the best flowers for our flower pots, which ones would be the easiest to take care all while staying within our flower budget. Everyone did a good job looking at the different prices and being flexible if the plant we wanted was out of our budget our plant care abilities.



SPECIALITY SERVICES

SPEECH AND LANGUAGE

Staff and students worked on a "Speech Word of the Week" for May: Better Hearing and Speech Month! We found words on our devices, wrote definitions, and learned the ASL sign. Some of our words included on/off, big, and stop. Try using these words at home!



Better Hearing and Speech Month

OCCUPATIONAL THERAPY

In April, we celebrated OT month. Students completed OT "maze missions" that worked on visual perceptual skills, visual motor skills, fine motor skills, gross motor skills, and handwriting. Visual perceptual skills are important for activities such as sorting, matching, recognizing a backwards letter, or finding an item in a cluttered background.

Try working on these skills at home by doing puzzles or hidden pictures, matching socks, or finding items in a messy drawer.



PHYSICAL THERAPY

This month, students worked on their static & dynamic balance. Static balance refers to the ability to maintain postures & positions (i.e. standing on one foot), while dynamic balance refers to the ability to maintain balance when in motion (i.e. walking on a balance beam). Did you know that you can create your own simple balance course at home? Here are some fun examples:

- Stepping Stones: Put pillows on the floor & step to each pillow. Say, "Don't fall in the water! It is wet!"
- Balance Beam: Put a line of tape on the floor & step heel-to-toe on the line. Say, "Don't fall in the lava! It's hot!"
- Hurdles: Place two chairs side-by-side 3 ft. apart, place a broom over the chairs, and step over the "hurdle". Say, "Step over the big bridge!"

