

# CABI Newsletter

## DEAR CABI FAMILIES & FRIENDS

As this crazy year gets ready to come to an end and our traditions change due to the times, we wanted to create a platform to share all the great things that are still happening here at CABI.

### Important Dates to Know!

## February Vacation (No School)

2/14/21-2/21/21



## Return from Vacation!

2/22/21



### Nurses Corner with Nurse Courtney



- Please send in your child's updated annual physical form after their appointment.
- CABI must receive the completed daily student attestation form upon the student's arrival for the day.
- Caregivers must be available for pickup within one hour if called due to a student experiencing symptoms.

# News from the High School Pod



**ACHIEVE  
THE POSSIBLE**

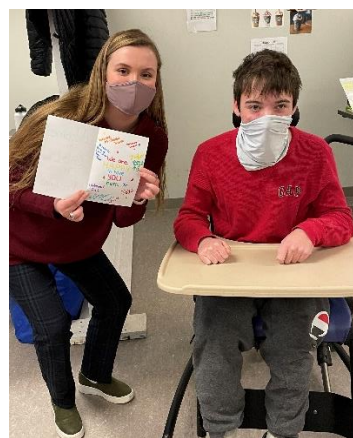
## CLASSROOM 11

Classroom 11 practiced healthy living skills by having daily movement groups where the class sampled a variety of different movement activities. They tried Zumba ©, Stretching, Dancing, and small movement exercises.



## CLASSROOM 12

During the last week of January, Classroom 12 celebrated Kindness Week. Throughout the week the students made thank you cards for various staff around the school, practiced giving compliments, discussed acts of kindness we can do for others on a daily basis, and watched a video with people completing random acts of kindness in the community.



## CLASSROOM 14

Classroom 14 was very interested about the Presential Elections and learning about the history of Inauguration Day. On Inauguration Day, Classroom 14 sat and watched as President Biden and Vice President Harris were sworn into office. When asked what their favorite part of the inauguration was the classroom enjoyed Lady Gaga singing the “Star Spangled Banner”.



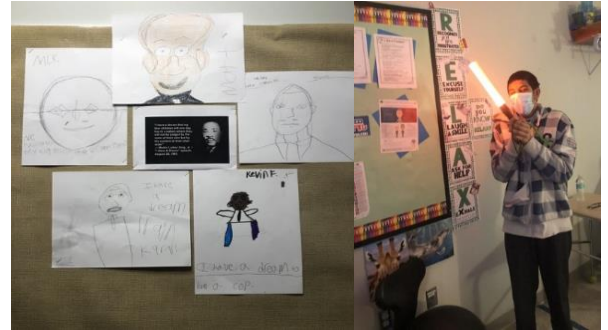
# News from the Middle School Pod



**ACHIEVE THE POSSIBLE**

## CLASSROOM 6

Classroom 6 learned about Martin Luther King Jr. this month and participated in making portraits of him during our art class. We also reflected on the dreams we have for the future of our country like Dr. King did in his famous “I Have a Dream Speech”. We also utilized some new fun sensory items for movement breaks in the classroom to get our students moving throughout the day.



## CLASSROOM 7

Classroom 7 worked on decision making skills throughout the day. In Gym Class they participated in “Would you Rather Movement Choices”. Each student had to make a choice of which exercise they wanted to complete for each circuit. Staying healthy was made fun and allowed for each student to make their own choice.

## CLASSROOM 8

In social skills groups in January, we learned about “establishing and maintaining healthy and rewarding relationships”. This quote was taken from the social skills curriculum.



## CLASSROOM 9

Classroom 9 learned about Martin Luther King Jr. as we celebrated his birthday. Each student wrote an essay about their dreams for the future as Dr. Martin Luther King did in his famous speech. After learning about the importance of treating others with respect in social skills group, we reflected on how those skills could have been used during the Civil Rights Movement.

## CLASSROOM 10

Classroom 10 utilized different modalities of connecting our favorite short film characters with accepting other for their differences. After we discussed our similarities and differences regarding our favorite activities, food, or movies.



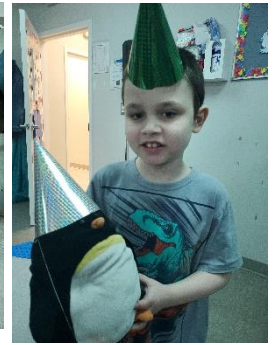
# News from the Elementary School Pod



**ACHIEVE  
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## CLASSROOM 1

Classroom 1 worked on playing appropriately with friends and wearing their masks! They also celebrated a birthday. During the birthday party they worked on sharing, waiting, and appropriately cleaning up!



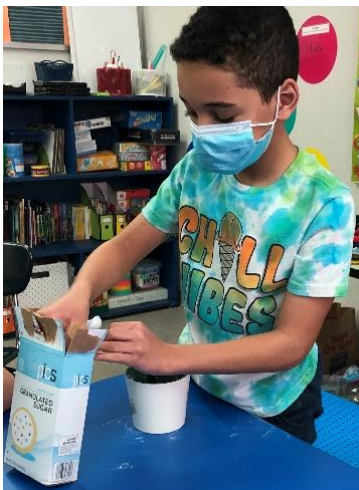
## CLASSROOM 3

Classroom 3 enjoyed learning about relationship skills and what it means to compromise! Students enjoyed playing Kahoot during Fun Friday! During the month of February, they will be focusing on Black History month.

## CLASSROOM 4

During the month of January, Classroom 4 played social skills games related to “bubble thoughts” and conversational volleys.

Students enjoyed learning about sports and preparing for the Super Bowl!



## CLASSROOM 5

During the month of January, Classroom 5 learned about matter in science! Students enjoyed completing science experiments involving changes in matter and also making Fun Friday mug cakes.

For social skills, students learned about meaningful friendships and talking about common interests.