NAME:	DATE:
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My Strengths in Different Places

Think about yourself in different environments. At school there are some things we are good at, and at home, we may be better at something else.

Answer each question by thinking about yourself in different situations.

What are two things you would say are a strength for you in the classroom?
What are two things you would say are a strength for you at home with your family?
What are two things you would say are a strength for you in your friendships?
What are two things you think you could improve on in any environment?

Think about progress you have made over time. When you think back on things that used to be hard for you that are now easy, how does that make you feel?